

# What's Mothers' Day All About?



**Mothers' Day is celebrated throughout the USA and the UK every year.**

In Church this festival is celebrated on the fourth Sunday of Lent. The festival has changed a great deal over the years. In previous centuries, the day wasn't anything to do with mums at all! In fact, it started as a celebration in the middle of Lent, where people were allowed to feast – quite a difference from their austere life for the rest of the

forty days. Later, the festival became known as *Mothering Sunday*, where people would return to their 'Mother Church', either where they grew up or a large church nearby them, such as a cathedral. In the Twentieth Century, *Mothers' Day* or *Mothering Sunday* became a celebration of motherhood, particularly after the wars, and we now give thanks to God for our mums in services on this day. In lots of churches, it is traditional for children to give their mums small posies of flowers, to say thank you for all that mums do.

Mothers feature considerably in the Bible, the most prominent being Mary, mother of Jesus. Catholic churches pray to Mary and celebrate her life a lot, and - whereas the Church of England doesn't normally go to those lengths – we celebrate her life as an extraordinary one.



If you and your children would like to go to a Mothering Sunday service on 6<sup>th</sup> March, these are being held at:

**MORETON: 9:30am    BOBBINGWORTH: 11am**