

Moreton C of E Primary School - Week 1

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sausage & Tomato Wholemeal Pasta Bake served with Garden peas & Homemade Garlic Bread	Chicken Filled Pitta Pocket served with Sweetcorn	Roast Beef with Yorkshire Pudding served with Roast Potatoes, Seasonal Fresh Vegetables & Gravy	BBQ Chicken Thigh served with Vegetable Rice & Coleslaw	Breaded Fish Fingers served with Oven Chips & Peas or Spaghetti Hoops
Option 2	Macaroni Cheese Served with Garden Peas & Homemade Garlic Bread	Cous Cous and Chickpea Stuffed Red Peppers Served with Sweetcorn	Salmon & Potato Whirls served with Roast Potatoes, Seasonal Vegetables & Gravy	BBQ Boston Beans served with Vegetable Rice & Coleslaw	Chickpea Falafel served with Oven Chips & Peas
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt or Cherry Cookies	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt Or Ice cream	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt Or Chocolate Chip Muffin

Week commencing - 12th April ,3rd May, 24th May,14th June, 5th July, 6th September, 27th September, 18th October

Available Daily ...
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data. Or visit <https://app.catercloud.com/menu/28A153DC-C63E-4EB6-A6D3-B10C08ED2514>

ASHLYNS
High Laver Hall, Ongar, Essex, CM5 0DU
Tel: 01277 890411/821 Fax: 0871 431 0608
E-mail: info@ashlyns.co.uk www.ashlyns.co.uk

Moreton C of E Primary School- Week 2

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef Bolognese served with Wholemeal Pasta & Sweetcorn	Ashlyns Pork Sausage served with Mashed Potatoes & Baked Beans	Roast Chicken with sage and onion Stuffing served with Roast Potatoes & Seasonal Fresh Vegetables and Gravy	Mild Beef Taco served with Vegetable Rice ,& Tomato Salsa	Battered Cod Fillet served with Oven Chips & Peas
Option 2	Vegetable & Lentil Bolognese served with Wholemeal Pasta & Sweetcorn	Quorn Sausage served with Mashed Potato & Baked Beans	Cauliflower, Broccoli & Potato Cheese Bake served With Seasonal Fresh Vegetables	Mild Quorn & Vegetable Taco served with Vegetable Rice ,Tomato Salsa	Cheese & Leek Quiche with Oven Chips & Peas
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt or Vanilla Shortbread	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Ice Cream	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Lemon Drizzle Cake

Week commencing -19th April, 10th May, 31st May, 21st June, 12th July, 13th September, 4th October

Available Daily ...
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.
Or visit <https://app.catercloud.com/menu/7DFBAADC-0629-4C54-84D4-280F2A0417D9>

ASHLYNS
High Laver Hall, Ongar, Essex, CM5 0DU
Tel: 01277 890411/821 Fax: 0871 431 0608
E-mail: info@ashlyns.co.uk www.ashlyns.co.uk

Moreton C of E Primary School - Week 3

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pepperoni Pizza served with Wholemeal Pasta Salad & Sweetcorn	Chicken Chow Mein served with Egg Fried Rice	Roast Pork Served with Mashed Potatoes, Shredded Cabbage, Carrots & Gravy	Ashlyns Beefburger in a Floured Bun served with Homemade Potato wedges & Baked Beans	Breaded Fish Fingers served with Oven Chips & Peas
Option 2	Cheese & Tomato Pizza served with Wholemeal Pasta Salad & Sweetcorn	Vegetable & Haricot Bean Stir fry served with Egg Fried Rice	Baked Vegetable & Lentil Roast Served with Mashed Potatoes, Shredded Cabbage, Carrots & Gravy	Meat Free Burger in a Floured Bun served with Homemade Potato wedges & Baked Beans	Cheese & Onion Whirl served with Oven Chips & Peas
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt or Jam Sponge served with Custard	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Jelly	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Frozen Yoghurt

Week commencing - 26th April, 17th May, 7th June, 28th June, 30th August, 20th September, 11th October

Available Daily ...
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data. Or visit <https://app.catercloud.com/menu/6BCC86D7-6749-4A1E-A3BB-8FF233F65781>

ASHLYNS
High Laver Hall, Ongar, Essex, CM5 0DU
Tel: 01277 890411/821 Fax: 0871 431 0608
E-mail: info@ashlyns.co.uk www.ashlyns.co.uk

