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Head teacher: Mrs N. Batt

4th November 2021

Dear Parent/Carer,

As part of our PSHE sessions for year 6, they are learning about keeping themselves safe on-line and off-line. In the first half term the pupils focused on mental health and wellbeing and e-Safety. This half term they are exploring safety in a wider context including peer pressure. This will link to anti-bullying week (15th – 19th November) and topical aspects such as vaccinations.

Sessions will be as follows:

Week 1	Keeping healthy including good medicines/vaccinations
Week 2	Keeping healthy and addictive substances – alcohol, smoking and drugs (this will be taught in an age appropriate way)
Weeks 3, 4 & 5	Peer pressure (including how to resist addictive substances) Impact of knife crime
Weeks 6	Basic first Aid

The local community police will be visiting on Tuesday 23rd November to support with the sessions on the impact of knife crime. The children will be watching these two videos:

[Ben's Story](#)

[Aliya's Story](#)

If you would like any further details about these sessions or would like to discuss any matters, please do not hesitate to contact us.

Yours sincerely

Mrs N. Batt
Headteacher



The Church of England
in Essex and East London
Diocese of Chelmsford

