

# Moreton Primary – Winter Menu 2023 – Week 1

## Option 1

Salmon Fish Cakes  
served with Wholemeal  
Pasta Salad & Cucumber  
Sticks

Chicken Fajitas served with  
Rice & Sweetcorn

Pork Sausage Toad in the  
Hole served with Roast  
Potato Seasonal Fresh  
Vegetables & Gravy

Beef Bolognese served with  
Spaghetti & Garden Peas

MSC Fish Fingers served  
with Oven Chips & Baked  
Beans

## Option 2

Cheese & Tomato Pizza  
served with Wholemeal  
Pasta Salad & Cucumber  
Sticks

Bean & Spinach Wrap  
served with Rice &  
Sweetcorn

Quorn Sausage Toad in the  
Hole served with Roast  
Potato Seasonal Fresh  
Vegetables & Gravy

Vegetable & Lentil  
Bolognese Served with  
Spaghetti & Garden Peas

Cheese, Red Onion &  
Cherry Tomato Tart served  
with Oven Chips & Baked  
Beans

## Dessert

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Chocolate Chip Cookie

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Apple Sponge & Custard

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Fruit Jelly

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
Or  
Lemon Shortbread

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Ice Cream

Week Commencing - 30th October, 20th November, 11th December, 8th January, 29th January, 26th February, 18th March

***All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.***

Available Daily ...  
Jacket Potato with Filling  
(Except Wednesday)  
Wholemeal Bread  
Choice of Salads  
Water



This QR code can be read by any barcode  
scanner app on your smart phone to  
access the allergen and nutritional data.

**ASHLYNS**

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# Moreton Primary - Winter Menu 2023 - Week 2

## Option 1

Pasta Bar with Meat Free  
Sauces served with Garlic  
Bread & Salad

Mild Beef Chilli served with  
Wholemeal Rice &  
Homemade Nachos

Roast Chicken with Sage &  
Onion Stuffing served with  
Roast Potatoes, Seasonal  
Vegetables & Gravy

Ashlyns Hamburger in a  
Bun served with New  
Potatoes & Baked Beans

MSC Battered Cod  
served with Oven Chips &  
Garden Peas

## Option 2

Pasta Bar with Meat Free  
Sauces served with Garlic  
Bread & Salad

Mild Rainbow Vegetable &  
Bean Chilli served with  
Wholemeal Rice &  
Homemade Nachos

Cheddar Cheese & Onion  
Wholemeal Quiche served  
with Roast Potatoes and  
Seasonal Vegetables

Meat Free Burger in a Bun  
served with New Potatoes  
& Baked Beans

Sweet Potato, Red  
Pepper & Lentil Risotto  
served with Garden Peas

## Dessert

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Shortbread Biscuit

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
Or  
Banana Sponge

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Oat Cookie

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
Or  
Pineapple Upsidedown  
Cake & Custard

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Chocolate, Oat & Fruit  
Flapjack

Week commencing -6th November, 27th November, 18th December, 15th January, 5th February, 4th March, 25th March

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Available Daily ...  
Jacket Potato with  
Filling(Except  
Wednesday)  
Wholemeal Bread  
Choice of Salads  
Water



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# Moreton Primary - Winter Menu 2023 - Week 3

## Option 1

Chicken & Bacon Pasta  
Bake served with Mixed  
Salad

Ashlyns Pork Sausage  
in a Roll Served with  
Potato Wedges & Baked  
Beans

Savoury Minced Beef in a  
Yorkshire Pudding served  
with Mashed Potatoes,  
Seasonal Vegetables &  
Gravy

Southern Style Breaded  
Chicken served with  
Wholemeal Vegetable Rice &  
Sweetcorn

MSC Fish Fingers served  
with Oven Chips & Garden  
Peas

## Option 2

Cheese and Tomato Pasta  
Bake served with Mixed  
Salad

Quorn Sausage in a Roll  
served with Potato  
Wedges & Baked Beans

Savoury Minced Quorn in a  
Yorkshire Pudding served  
with Mashed Potatoes,  
Seasonal Vegetables &  
Gravy

Southern Style Breaded  
Quorn served with  
Wholemeal Vegetable Rice &  
Sweetcorn

Cheddar Cheese Omelette  
served with Oven Chips  
and Garden Peas

## Dessert

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Homemade Chocolate  
Chip Shortbread

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
Or  
Banana Custard

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Anzac Biscuits

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Apple Crumble & Custard

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Chocolate Krispie Cake

Week commencing - 13th November, 4th December, 1st January, 22nd January, 12th February, 11th March,

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Available Daily ...  
Jacket Potato with  
Filling(Except Wednesday)  
Wholemeal Bread  
Choice of Salads  
Water



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